

GLUTEN FREE MENU



THE FIG & OLIVE

BREAKFAST

SERVED FROM 9AM-11.30AM

FULL ENGLISH, Packington sausage & bacon, mushrooms, grilled cherry vine tomatoes, baked beans, gluten free toast, free range egg £9

VEGETARIAN BREAKFAST halloumi chips, onion & roast pepper hash, mushrooms, grilled cherry vine tomatoes, baked beans, gluten free toast & free range egg £9

EGGS FLORENTINE, gluten free toast, wilted spinach, free range poached egg, hollandaise £6.5 V

EGGS BENEDICT, gluten free toast, crispy Packington bacon, free range poached egg, hollandaise £7

EGGS ROYALE gluten free toast, smoked salmon, free range poached egg, hollandaise £7.5

PACKINGTON BACON BUTTY free range egg on gluten free toast £5.5

PACKINGTON SAUSAGE BUTTY, free range egg on gluten free toast £5.5

BAGELS

SERVED MONDAY TO SATURDAY 12PM-3PM

BLT BAGEL, streaky bacon, tomato, lettuce & mayonnaise £7.5

SMOKED SALMON BAGEL, dill cream cheese £7

CHARGRILLED MEDITERRANEAN VEGETABLE, hummus & rocket £7 V

ROAST CHICKEN BAGEL, sundried tomato, pesto mayo £7

SHARERS

FRESHLY BAKED CAMEMBERT FOR TWO, garlic & rosemary oil, red onion jam, gluten free toast £11

CHARCUTERIE BOARD, salami, Parma ham, bresaola, chorizo, olives, blushed tomatoes, gluten free crackers £16.5

MEZZE BOARD, gluten free crisp bread, feta & tomatoes, olives, tzatziki, gluten free toast, hummus, baba ghanoush £12 V

STARTERS

SOUP OF THE DAY £5

CAJUN SALMON FISHCAKE, charred corn, lime pickle mayonnaise, pea shoot's £8 /£16

PAN FRIED SOFT SHELL CRAB, lime, coriander, papaya & chilli slaw £8

GRILLED GOATS CHEESE, aubergine & courgette stack, basil oil, tomato arrabiata £6.5/ £15 V

SLOW ROAST PORK RIBS, barbecue glaze, Asian slaw £7.5

MAINS

GOAN SPICED HALF CHICKEN, sweet potato fries, mango salsa £13.5

PIG & FIG, Packington pork belly, cider fig, braised red cabbage & kale £17.5

DRY AGED NAKED BEEF BURGER, Packington bacon, salsa, coleslaw & skin on fries £15

WELSH LAMB CUTLETS, brinjal potatoes, spinach & red onion pakora £21

GRILLED HADDOCK, minted peas, tartare sauce, skin on fries £15

RED LENTIL DAHL, new potatoes, tenderstem broccoli £11 V

PAN ROAST COD, potato & pancetta gratin, butter cabbage & leeks, celeriac puree £16

PARMA HAM & GOATS CHEESE SALAD, caramelised onion & mixed leaves £12

SIDES

SKIN ON FRIES £4 SWEET POTATO FRIES £5.5

HALLOUMI FRIES £5.5 NEW POTATOES £4

ROCKET & PARMESAN SALAD £4.5

SEASONAL VEGETABLES £4

FROM THE GRILL

OUR BEEF IS SUPPLIED BY AUBREY ALLEN

DRY AGED 7oz RUMP STEAK £19

DRY AGED 9oz RIB EYE STEAK £21

DRY AGED 16oz T BONE STEAK £28.5

WELSH LAMB CHOPS £18

TUNA STEAK £18

All served with a seasonal salad and a choice of:

Skin on fries *or* New Potatoes *or* Seasonal Vegetables

Add Béarnaise — Peppercorn — Chimichurri £2



THE FIG & OLIVE

SUNDAY LUNCH

SERVED 12.30-6PM (SUNDAY'S ONLY)

SHARERS

FRESHLY BAKED CAMEMBERT FOR TWO, garlic & rosemary oil, red onion jam, gluten free toast £11

CHARCUTERIE BOARD, salami, Parma ham, bresaola, chorizo, olives, blushed tomatoes, gluten free crackers £16.5

MEZZE BOARD, gluten free crispy bread, feta & tomatoes, olives, tzatziki, gluten free toast, hummus, baba ghanoush £12 V

STARTERS

SOUP OF THE DAY £5

CAJUN SALMON FISHCAKE, charred corn, lime pickle mayonnaise, pea shoot's £8 /£16

PAN FRIED SOFT SHELL CRAB, lime, coriander, papaya & chilli slaw £8

INNES GOATS CHEESE, aubergine & courgette stack, basil oil, tomato arrabiata £7 V

SLOW ROAST PORK RIBS, barbecue glaze, Asian slaw £7.5

MAINS

28 DAY AGED ROAST LOIN OF BEEF, braising jus £17.5

ROAST PORK LOIN ON THE BONE, sage stuffing, crackling, apple compote jus £15.5

HALF A ROAST CHICKEN, sage stuffing, bread sauce, jus £15

All our roasts are served with duck fat roast potatoes, maple roast roots & buttered green

DRY AGED NAKED BEEF BURGER, Pakington bacon, salsa, coleslaw & skin on fries £15

GRILLED HADDOCK, minted peas, tartare sauce, skin on fries £15

RED LENTIL DAHL, new potatoes, tenderstem broccoli £11 V

PAN ROAST COD, potato & pancetta gratin, buttered cabbage & leeks, celeriac purée £16

DESSERTS

LEMON POSSET, berry compote £6

SORBETS & ICE CREAMS, 3 scoop selection £4

SELECTION OF 3 CHEESES, chutney, quince jelly, gluten free crackers £9

AMARETTO AFFOGATO, creamy vanilla ice cream doused with hot espresso coffee

& Amaretto liqueur £6

FRANGELICO AFFOGATO, creamy vanilla ice cream doused with hot espresso coffee

& hazelnut liqueur £6

WHY NOT FINISH WITH A COCKTAIL?

Espresso Martini £9

Absolut Vanilla Vodka, Khalua, Chartleys Coffee, Sugar Syrup

Mint Chocolate Martini £9

Cacao Brun, Crème de menthe, fresh cream

VEGETARIAN & GLUTEN FREE

PLEASE ASK YOUR WAITER/WAITRESS TO POINT OUT OUR VEGETARIAN OPTIONS. DISHES CONTAINING PARMESAN CHEESE CAN BE COOKED WITHOUT UPON REQUEST AS A VEGETARIAN OPTION.

WE CANNOT 100% GUARANTEE OUR PREMISES ARE GLUTEN FREE OR NUT FREE.

AN OPTIONAL 10% SERVICE CHARGE WILL BE ADDED TO PARTIES OVER 8 PEOPLE.

THANK YOU.